

## **DISCIPLINE POLICY**

**In accordance with the law of the State of Illinois and the philosophy of the Immanuel Lutheran Wee Care Center, the daycare does not use physical punishment.**

For the safety and well-being of the children we serve, however, some form of discipline and guidance of the children's behavior is necessary. This guidance is set by:

1. Keeping the children engaged in a wide variety of stimulating activities.
2. Providing plenty of love and physical interaction.
3. Praising good behavior.
4. Setting appropriate limits for unacceptable behavior.
5. Substituting one activity for another.
6. Redirecting the children's energies and attention.
7. "Time-outs" may be used to guide behavior. This technique is used only when a child knows that he/she has broken an already established rule. The child is asked to sit in an area away from the group. "Time-out" lasts from no longer than one minute for each year of the child's age while the child is always visible to the staff member who is disciplining the child. Any child under two years of age will not be placed in "time-out." After the child has calmed down and is ready to talk, the child care worker will discuss the problem with the child. The staff member then helps the child re-engage in activities.

There will be no corporal punishment of any kind, no abusive or profane language, no public or private humiliation, no form of emotional abuse, or any form of withdrawal of rest, food, or bathroom privileges.