

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Dry Cereal ½ -1 banana 4-8 oz. milk	1 slice French Toast with syrup ¼ - ½ c. pears 4-8 oz. milk	Scrambled eggs & toast ¼ - ½ c. pineapples 4-8 oz. milk	Bagel with jelly/butter ¼ - ½ c. fruit cocktail 4-8 oz. milk	Biscuit with jelly/butter ¼ - ½ c. applesauce 4-8 oz. milk
A.M. Snack	Pretzels 4-8 oz. apple juice	Cheerios 4-8 oz. grape juice	½ - 1 slice toast 4-8 oz. orange juice	Cheese and crackers 4-8 oz. pineapple juice	Graham crackers 4-8 oz. grape juice
Lunch	Fish Patty on Bun Green Beans Fruit Cocktail 8 oz. carton of milk	Pork Riblet Corn Pears 8 oz. carton of milk	Chicken Casserole Roll Green Beans Apples 8 oz. carton of milk	Sloppy Joes on Bun Oven Fries Grapes 8 oz. carton of milk	Chicken Nuggets Peas Pineapple 8 oz. carton of milk
P.M. Snack	½ - 1 apple 4-8 oz. milk	Trail mix 4-8 oz. milk	½ - 1 banana 4-8 oz. milk	4-8 oz. cantaloupe 4-8 oz. milk	½ -1 orange 4-8 oz. milk